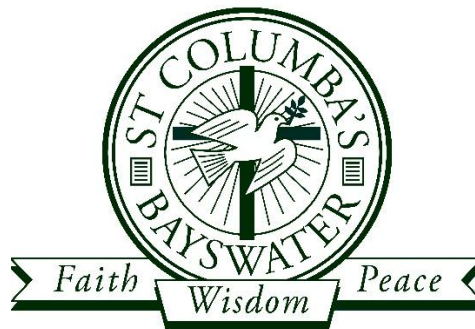


St Columba's School Counsellor Service



The school counsellor:

- ☐ Provides support to students experiencing social or emotional challenges that may affect their learning.
- ☐ Offers guidance and assistance to parents regarding concerns about their child's wellbeing.
- ☐ Collaborates closely with school staff while maintaining the confidentiality of students and families.
- ☐ Delivers advice, education, and information on parenting, community resources, social skills, wellbeing, and mental health.
- ☐ Refers students and families to external psychologists, counsellors, services, or community agencies when appropriate.
- ☐ Works in partnership with the CEWA psychologist.

Common Reasons for Contacting a School Counsellor

- Change or loss in the family for example separation, divorce or death.
- School refusal
- Friendship and social difficulties
- Physical and mental health issues such as anxiety
- Difficulty settling into school
- Issues related to learning
- Developmental and behavioural issues
- Emotional issues

The main role of a school counsellor is to support individual students. Other roles include:

- Supporting teachers with information and resources in regard to issues such as protective behaviours and social skills, student and staff wellbeing.
- Providing workshops for student groups dealing with issues such as friendships, resilience and grief and loss.

What qualifications does a school counsellor hold?

School counsellors hold a degree that covers counselling, human behaviour, social analysis, child development, group dynamics, and community development.

If you have any questions about the counselling services at St Columba's, please feel free to contact either the school counsellor or the school directly.

Information about counselling

All students and parents of St Columba's Primary School are welcome to access this service. The school counsellor service is a free service provided by the school.

The school counsellor offers support to students through the school's pastoral care program. Parental consent is always obtained before counselling sessions begin with any student.

All conversations and records are kept private and handled with strict confidentiality.

If you would like to organise to see the school counsellor, please complete a referral form. The form can be collected from the front office or class teacher:

The school counsellor details are below:

Nicole Leach at
nicole.leach@cewa.edu.au

c/- St Columba's Primary School, in person or phone 08 9208 2700

Available on Mondays and Tuesdays.

