

Common Reasons for Contacting a School Counsellor

- Change or loss in the family for example separation, divorce, death.
- Reluctance to attend school
- Friendship and social difficulties
- Physical and mental health issues affecting the family such as anxiety and depression
- Difficulty settling into school
- Issues related to learning
- Developmental and behavioural issues

Supporting individual students is the main part of what the school counsellor does.

Other roles include:

- Supporting teachers with information and resources in regard to issues such as protective behaviours and social skills, student and staff wellbeing.
- Running groups for dealing with issues such as friendships and grief and loss.

If you would like to organise to see the school counsellor, please complete a referral form. This form is obtained from the front office or class teacher:

The school counsellor details are below:

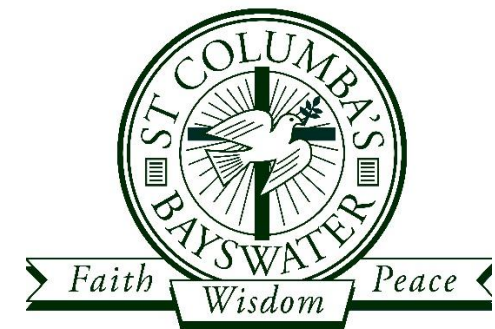
Nicole Leach at nicole.leach@cewa.edu.au

c/- St Columba's, in person or phone 08 9208 2700

Available on Wednesdays and Thursdays

The school counsellor service is a free service provided by the school.

St Columba's School Counsellor Service



The school counsellor:

- Assists and supports students where social and emotional issues may be impacting on their education.
- Assists and supports parents in regard to any issues their child may be having.
- Works closely with school staff but also respects families' and students' privacy.
- Can provide advice, education and information on parenting matters, community resources, social skills, wellbeing and mental health.
- Will refer students/families to outside counsellors, services or community agencies as necessary.
- Works alongside the school psychologist.

What training does a school counsellor have?

School counsellors have a degree that includes counselling, the study of human behaviour, social policy, group work and community development.

If you have any questions about the school counsellor service at St Columba's, you are welcome to contact the school counsellor or the school directly.

Information about counselling

In addition to other student- support tasks, the school counsellor provides counselling for students as part of the school's pastoral care program. The school counsellor will always seek permission from the parent before engaging with a student. Any student or parent are welcome to use this service.

Discussions and any records made are considered as private and treated very confidentially. Any discussions with other school staff will only be as required for the student's welfare and with the students and parent's permission.

